



March Community Chat

We are excited to offer you a new, unique workshop! At this event you will learn about the impact of mental illness during the Pandemic and how to maintain mental wellness for a holistically healthy lifestyle. Throughout this workshop our expert Ms. Dayo Phoenix, a licensed, certified social worker, will be here to answer all of your questions.



Presenter: Ms. Dayo Phoenix

Topic: Mental Illness and The Pandemic

Cost: Free

When: March 18th & 7:00 p.m.

Where: Zoom Virtual

[Register Now](#)

There is limited seating so register now while tickets are still available!

Sincerely,
Cynthia Ricks
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